

# Child Care & Nutrition, Inc.

## Mini-Teddy Newsletter

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 July 2018 Edition

### *New Family Size and Income Household Guide!*

USDA has announced the following Income Eligibility Guidelines to be effective from **July 1, 2018 through June 30, 2019**. Providers and/or families can qualify for Tier I CACFP meal rates according to these guidelines. In addition, providers are allowed to claim their own eligible children when other children are present for claimable meals and snacks. Please call us at CCNI for more information and ask for Sherri.

Income Eligibility Guidelines (Effective from July 1, 2018 to June 30, 2019)					
Household size	Annual	Monthly	Twice per month	Every two weeks	Weekly
1	22,459	1,872	936	864	432
2	30,451	2,538	1,269	1,172	586
3	38,443	3,204	1,602	1,479	740
4	46,435	3,870	1,935	1,786	893
5	54,427	4,536	2,268	2,094	1,047
6	62,419	5,202	2,601	2,401	1,201
7	70,411	5,868	2,934	2,709	1,355
8	78,403	6,534	3,267	3,016	1,508
For each add'l family member, add	7,992	666	333	308	154

### Claiming Dates for July 2018

If your claim is received by noon July 5  
 Your reimbursement will be sent on July 13

If your claim is received by noon July 12  
 Your reimbursement will be sent on July 20

If your claim is received by noon July 19  
 Your reimbursement will be sent on July 27

### *Summer Cooking*

Looking forward to fresh vegetables and fruits grown in the garden? Great! This is the best time of year to find those wonderful summer time foods such as melons, corn on the cob, peas, berries, beans, tomatoes, and many other wonderful vegetables and fruits.

### *Processed Meats: Some Things to Know*

Many processed meats contain large amounts of binders, extenders, and by-products. The USDA Crediting Handbook for the CACFP and Food Buying Guide indicate that any processed meat that contains meat or poultry by-products, cereals, binders or extenders cannot be credited ounce for ounce toward the meat/meat alternate component. Therefore, the composition of these processed meats must be known in order to properly credit the meat/meat alternate portion. Most often a CN label or product formulation statement signed by an official of the manufacturer is necessary to verify the amount of meat in a processed meat product. STL-026

We realize that lunchmeats, hot dogs, brats, etc are favorites this time of year. In order to help you find the meats that qualify for reimbursement on the CACFP, we have once again printed our guide to help you shop for the most nutritious processed foods! Please cut out the bottom corner of this newsletter and keep it handy when you visit the grocery store to use as a helpful shopping tool.

**PROCESSED MEATS**

**All meat products without binders/extendors may be fully credited based on weight.**

**Do NOT USE hot dogs, frankfurters, bologna, luncheon meats, or Vienna sausage if ingredients contain any of the following:**

- Meat or poultry by-products
- Starchy vegetable flour
- Dried milk
- Cereals
- Carrageenan
- Starch (modified food & vegetable)
- Cellulose

**CN Label or Product Formulation Statement Needed:**

- Meat sticks / summer sausage
- Pepperoni / salami
- Polish sausage
- Liverwurst

### *Wheat Thins® are Back in!!!*

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; Fax: (202) 690-7442; or Email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.

This is the year for clarifications and crackers are no exception. A few months ago we were told that specific Wheat Thins brands, even though the box may state 100% whole grain, were not a creditable whole grain-rich product due to their ingredients. USDA just issued a reversal on that decision. They have determined that the cornstarch ingredient located on the label is considered too small of an amount to be acknowledged, so *Wheat Thins crackers will now be reimbursable as a creditable whole grain-rich product.*

### Training Wrap Up

Thank you all for attending our Hy-Vee Walk Through “Let’s Go Shopping” training workshops this year. We had outstanding participation in this workshop and rave reviews! Your opinion matters to us! We would love for you to take our quick survey to tell us what you thought of the training workshop and provide helpful feedback to make each year better than the one before! You’ll find the link to our survey on the CCNI Facebook Page.

Also, be sure to check out *Hy-Vee Aisles Online* for more great offers. Providers are telling us they love this feature. Go to the Hy-Vee website or store near you for more information.

### Simple Summer Day Menu

Breakfast	Serving Size	Cost / Serving
Milk	½ cup	\$0.13
Cinnamon toast	1 slice	\$0.14
Applesauce	½ cup	\$0.24
<b>Cost of breakfast:</b>		<b>\$0.51</b>
<i>Tier 2 rate for breakfast is \$0.48 per serving</i>		

Lunch	Serving Size	Cost / Serving
Milk	½ cup	\$0.13
All beef hotdogs	1-1/2 oz	\$0.31
Baked beans	¼ cup	\$0.19
Watermelon	¼ cup	\$0.09
Whole wheat bun	½ bun	\$0.31
<b>Cost of lunch:</b>		<b>\$1.03</b>
<i>Tier 2 rate for lunch is \$1.48 per serving</i>		

Snack	Serving Size	Cost / Serving
Carrot sticks	½ cup	\$0.15
Cottage cheese	½ oz	\$0.06
<b>Cost of snack:</b>		<b>\$0.21</b>
<i>Tier 2 rate for snack is \$0.20 per serving</i>		

Total Daily Tier 2 Reimbursement  
Amount per Child: \$2.16  
Total Daily Cost per Child: \$1.75

### CCNI Welcomes 31 New Daycare Providers!

- Fatuma Ahmed, Fridley
- Monica Antillon, Ramsey
- Melanie Cruz, Sauk Rapids
- BreeAnna Denny, Brainerd
- Amanda Langland, Jeffers
- Jenny Eid, Albertville
- Trena Eller, Willmar
- Lora Gackstetter, Hendricks
- Lily Grotbo, Waverly
- Danielle Grunewald, Rothsay
- Melinda Harley, Rochester
- Ruth Johnson, Melrose
- Jennifer Jorgenson, Zimmerman
- Jolene Kangas, Kensington
- Tiffany Klinedon, Kandiyohi
- Ashlee Landmark, Clara City
- Nanette Loude, Blaine
- Fawsiyo Mohamed, Rochester
- Michelle Moyano, Moorhead
- Nicole Nelson, Owatonna
- Lisa Plaisance, St. Louis Park
- Monica Pollock, Ivanhoe
- Misty Samuelson, Fergus Falls
- Brienne Sather, Richfield
- Amanda Schmidt, Redwood Falls
- Erin Schwanke, Moorhead
- Jenna Stage, Tyler
- Denise Stange, Brainerd
- Danielle Towne, Tracy
- Jeremiah Van Overbeke, Marshall
- Brandi Wroblewski, Benson

The CCNI Office will be closed on July 4, 2018 in observance of Independence Day.

