

# CCNI 2017 Nutrition & Mandatory Training Quiz

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Circle the correct answer(s)

1. What kind (percent) of milk can children over 2 be served on the CACFP?
  - a. Whole
  - b. Skim
  - c. 2%
  - d. 1%
  
2. When **MUST** I have my records (menus & meals counts) done?
  - a. Before I serve the meal
  - b. By the end of the week
  - c. At the end of the day (by midnight)
  - d. Before I send my claim in
  
3. What are the 6 protected classes in the CACFP (as it relates to civil rights)?
  - a. People, Place, Thing, Idea, Home, State
  - b. Race, Color, National Origin, Age, Sex, Disability
  - c. Black, White, Green, Orange, Yellow, Pink
  
4. If you do **NOT** offer formula and/or food to infants are you discriminating? If so, what are you discriminating against?
  - a. No
  - b. Yes, Age
  - c. Yes, Color
  - d. Yes, Sex
  
5. Where is the infant formula statement located?
  - a. There is not one
  - b. On the enrollment form (in the middle)
  - c. In the newsletter
  
6. Where is the WIC information and non-discrimination statement located?
  - a. On back of paper enrollments & bottom of minute menu enrollments
  - b. On the menus
  - c. On the meal counts
  - d. There is not one
  
7. Who should you let know if you are closed for the day (scheduled or sick)?
  - a. Your neighbor
  - b. CCNI office and/or Regional Director
  - c. Your kids
  - d. Post Office

8. Does CCNI send out newsletters?
  - a. Yes
  - b. No
  
9. When do the new meal pattern guidelines become effective?
  - a. January 1, 2018
  - b. October 1, 2017
  - c. October 1, 2018
  - d. July 1, 2017
  
10. How long do I need to keep all records from the CACFP?
  - a. 1 year 1 month
  - b. 2 years 2 months
  - c. 3 years 3 months
  - d. 4 years 4 months
  
11. T/F I need to submit my claim (menus/meal counts) every week.
  
12. How many fruits or vegetables can you claim in a combination dish?
  - a. One
  - b. Two
  - c. Three
  - d. As many as I want to
  
13. Circle the following food items/practice I can start in my Daycare NOW before Oct. 2017

- |  |                                   |
|--|-----------------------------------|
| start serving whole grain rich grains                              | start limiting juice              |
| stop serving flavored milk   | start serving infants yogurt      |
| start serving unflavored whole milk to one year olds               | stop serving grain based desserts |
| serve infants whole eggs   | start serving tofu                |
| start serving infants cheese at breakfast to replace infant cereal |                                   |

14. On the new meal pattern guidelines how many fruits can a child be served, to credit towards a meal pattern component, at lunch or supper?
  - a. None
  - b. One
  - c. Two
  - d. As many as I want to

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Develop ID: \_\_\_\_\_