

Child Care & Nutrition, Inc.

We care about you because you care about kids

Mini-Teddy Newsletter

March 2015 Edition

USDA Proposed CACFP Meal Regulations

On the back of this page, you will see the proposed meal regulations by USDA. The Minnesota Association of CACFP Sponsor and individual sponsors intend to submit comments. Please review and see if these new changes to the meal patterns are better nutrition and easy to implement, or difficult to understand and carry through. We will tell you how you can comment!

Claiming Dates for March

Claims in by March 5, 2015
Reimbursement will be sent on March 13, 2015

Claims in by March 12, 2015
Reimbursement will be sent on March 20, 2015

Claims in by March 19, 2015
Reimbursement will be sent on March 27, 2015

Expiring Enrollment Notices!

A “missing” enrollment is the most common reason for meal deductions on claims. In the summer, we usually alert providers with a notice telling them which enrollments are expiring. That gives providers enough time to submit a new enrollment for the child, so reimbursement is not missed. We are now doing this every month with the exception of September and October (the annual renewal period). We hope this service helps!

We must have enrollments on file in our office before submitting claims to Minnesota Department of Education, so please get them into us on a timely manner.

Minute Menu Alternative???

Would you like to submit claims online, but just do not like the Minute Menu program? We have a simple spreadsheet that works well. Give us a call at 800-634-3359 or send us an email at ccnikids@mediacombb.net and we will send out the spreadsheet version of our forms. You can email them to us each month and save postage!

Workshop Schedule Repeats

We are once again inserting the workshop schedules with this mailing. If you haven't made plans to attend, please contact the trainer next to the workshop and sign up for the one closest to you!

Recipe of the Month

Hawaiian Ham Sandwiches

1-12 package of sweet Hawaiian rolls (the small dinner roll looking ones)

1 lb of Virginia ham sliced thin or shaved

6 slices Provolone cheese

1/2 stick of real butter

1 teaspoon Worcestershire sauce

1/2 teaspoon Garlic Powder

1/2 teaspoon Onion Powder

1/2 teaspoon poppy seeds

Directions:

Place the bottoms of 12 rolls on the bottom of a 9x13 inch pan. Divide the sliced ham evenly on the rolls. Cut the cheese slices into 4 parts and place 2 small pieces on each sandwich. Put the dinner roll tops on. In a saucepan, mix butter, Worcestershire sauce, onion powder, garlic powder and poppy seeds. Wait until all butter is melted and then brush the melted mixture over the ham sandwiches. Cover with foil and let sit in fridge for 1 hour or over night, or bake right away. Preheat oven to 375 and bake for 15 minutes or until cheese is melted.

For lunch or supper: 2 buns = 1 meat/meat alternate and 2 bread/grains for 3-5 year olds.

For snack: 1 bun = 1 meat/meat alternate and 1 bread/grain for 3-5 year olds.

***Summary of Proposed Changes
(These rules are NOT currently in effect)***

INFANTS

- Revise infant age groups from three age groups to two age groups.
- Introduce solid foods to infants beginning at 6 months of age
- Eliminate the service of fruit juice to infants of any age
- Allow reimbursement for infant meals when the mother directly breastfeeds her child at the childcare facility.
- Require a fruit or vegetable serving in the snack meal pattern for the 6 to 11 month infant age group
- Allow additional grain option for infant snacks.

ONE YEAR AND OLDER

- Separate the fruit and vegetable component for children and adults
 - Require that at least one grain serving per day, across all eating occasions be whole grain or whole grain-rich
 - Require breakfast cereals to conform to WIC requirement
 - Prevent grain-based desserts from counting towards the grains components
 - Allow an optional meat/meat alternate to be served at breakfast in lieu of some grains
 - Allow tofu to be counted as a meat alternate
 - Allow yogurt to be used to meet the fluid milk requirement for adults only, no more than once per day.
 - Disallow frying as an onsite preparation method preparation method for daycare institutions and facilities
 - Add a fourth age group (13 through 18 years) to the meal pattern for children.
 - Prohibit flavored milk to children 2 through 4 years
- OR

- Allow flavored milk to children 2 through 4 years with no more than 22 grams per 8 fluid ounces
- Limit sugar content for yogurt to 30 grams per 6 ounce serving.

Under the proposed rule, meals served to children and adults in day care will include a greater variety of vegetables and fruits, more whole grains, and less sugar and fat. These changes support the ongoing efforts of numerous parents, and the many public and private organizations that serve children, to solve the current obesity crisis. Today's proposal is the first major update of the CACFP meal patterns since the program's inception in 1968.

USDA is seeking input on the proposed rule from the public. Those interested in reviewing the proposal and offering comments during the 90 day period are encouraged to do so once it is published at www.regulations.gov, a Web-based portal to make it easy for citizens to participate in the federal rulemaking process. All comments received will be considered carefully in finalizing the rule before it is implemented.

CCNI's main comment will reflect monitoring of some of the rules; for instance, we don't want to monitor the amount of sugar content in flavored milk or 30 grams of sugar or less to 6 ounces of yogurt.

Deadline to submit a comment to the proposed rule is April 15, 2015.

Go to <http://www.regulations.gov> or write to:

James F Herbert

Regulatory Review Specialist, FNS USDA

3101 Park Center Drive

Alexandria, VA 22302

Or

james.herbert@fns.usda.gov

(Phone) 703 305-2572

Placing an order with Schwan's?

Please use our fundraising campaign number when submitting your order and Schwan's will donate a percentage to CCNI! We use the funds for anti-bullying messages in the community, Calendar Keepers for providers, trainings, etc.
Our Fundraising Campaign Number is 18812.