

Child Care & Nutrition, Inc.

Mini-Teddy Newsletter

February, 2015

Workshop Schedule Insert

Enclosed is the 2015 CCNI Nutrition and Mandatory Workshop Schedule. Please keep this for future reference. It is also posted on our website at www.childcarenutrition.com. We will also be sending you a separate flyer on our Kids First Conference to be held at Prairie's Edge Casino and Resort! The workshop for that event will be Friday, March 6, 2015.

Welcome New CCNI Providers

9 New members this month!

THANK YOU For Joining us!!

Claiming Dates for February

Claims in by February 5, 2015
Reimbursement will be sent on February 13, 2015

Claims in by February 12, 2015
Reimbursement will be sent on February 20, 2015

Claims in by February 19, 2015
Reimbursement will be sent on February 27, 2015

School Aged Children at Lunch

As you know, providers must note school closures on all claims to tell us why school aged children were in care for an am snack or lunch on a school day. So, please remember to note that.

Winter Fun!

Have you tried this "cool" idea?

Fill water balloons with water and add food coloring. Set outside to freeze. Once the balloons are frozen solid, cut or poke the balloon and peel away the rubber from the ice ball! Pretty!



In the Minute Menu program, you can check the "SCH OUT" button to show **school's out** and the school aged children are in care that day.

Child Name ▲	Stat	Age	Sch	Sick	Sch Out	Serv 1	Serv 2
Baber, Floyd H	A	10y 4m	S	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Blue, Stan	A	2y 11m		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Brown, Blessing C	W	1y 6m		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Camacho, Brandon	A	6y 0m		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Chavez, Alexa	A	2y 2m		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Child, Cute C	A	8y 1m	S	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Dee, Bety D	A	3y 7m		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gambinoski, Erica	A	5y 8m	A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hammett, Zachariah J	A	4y 4m		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Henry, John L	P	2y 0m		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hill, Jazmine L	P	1y 8m	S	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total Meals Served						<input type="checkbox"/>	<input type="checkbox"/>
						3	4

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February, 2015

Simplifying Combination Dishes

Serving home made hotdish, goulash, spaghetti, pizza, etc. is great for the cold winter months and children love these dishes.

When seeing combination dishes on menus, we must ask the following questions: *Is it home made? Is it a commercial product? If it is a commercial product, then does it have a CN label?*

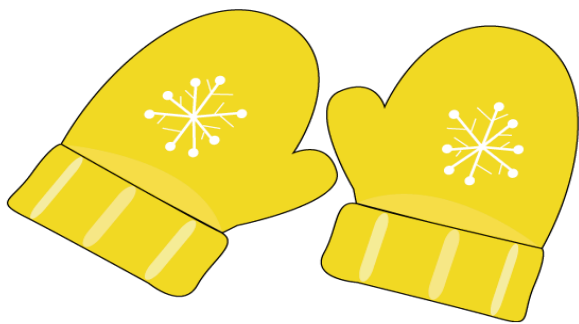
Let's break this down....

A combination main dish consists of meat and one other component (either grain or vegetable)

Claim no more than 2 items from a combination dish. Supplement with other fruit/vegetable or grain.

Write on the menu if the main dish item is HM (home made) or CN (Child Nutrition) labeled. If CN labeled, then your Regional Director will be looking for the labels at the home visits, so keep the CN label for home visit reviews.

This includes but is not limited to dishes such as pizza, spaghetti, chili, chicken nuggets, corn dogs, breaded fish sticks, macaroni and cheese, pot pies, barbeques, ravioli, soups, etc.



Say Cheese ☺

Cheese (natural or processed) cheese foods, food substitutes, spreads are all creditable to use in the correct portion size for each child.

Watch labels and cheese products, cheese sauces and imitation cheese are not creditable. Examples of cheese products are Velveeta and Cheese Whiz from Kraft Company. They are clearly labeled with the word, "product". Some cheese slices are also labeled as imitation cheese or cheese product. Those cheese-type foods are NOT creditable on the Child and Adult Care Food Program.

USDA Raisin Guidance

We (USDA) recommend that smaller portions of raisins be served, such as $\frac{1}{8}$ cup (2 Tbsp). **This smaller portion size must be supplemented with another fruit or vegetable to meet at least the minimum portion size required by age and meal pattern requirement. The pattern permits a combination of two fruits and/or vegetables. This combination is permitted even when only one portion is required. As always, there is a minimum portion size of $\frac{1}{8}$ cup for the smaller portion of the two vegetables/fruits.** This recommendation is made because preschoolers may not be able to digest larger portions of dried fruit. In addition, since raisins have a sweet, sticky consistency, potentially increasing the risk of dental caries, the menu planner may wish to consider adding a crunchy item to the menu to help preclude this concern. Please note that dried cherries, cranberries, and blueberries are credited in the same manner as raisins. *—from CACFP Guide to Crediting Foods*

Please Note: We have included your 2014 Statement of Reimbursement in this mailing! Please keep for processing tax information.

THANK YOU CCNI Providers for Keeping Records Current!

This year we have noticed a great improvement among our providers in keeping records current at the end of each day. That is the most important part of the record keeping portion of the CACFP. During our State Review last summer, the staff from Minnesota Department of Education also commented on how many providers are staying current with their records. *Thank you for making us all look so good!*