

REGULAR MENU PLANNER
Spring Cycle Week 4,5,1

Provider Signature	Provider Number
Month Of Claim	Date of Signature:

Directions for Use: Plan your week or day according to the menus planned on this form. Fill in the calendar date above the menu served on each claiming day. When you substitute a food component, cross off the component and enter the substitution in the boxes below. Be sure to write the date and the substituted component on the correct menu line. You can also use the boxes to substitute whole days or add days for weekends, etc.

Date:	Date:	Date:	Date:	Date:	Date:
Breakfast (B)					
Milk	Milk	Milk	Milk	Milk	Milk
Fruit/Vegetable					
Bread/cereal					
Morning (AM) Snack					
milk or f/r or bead					
or meat (choose2)					
Lunch (L)					
Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat alt.					
Fruit/Vegetable					
Bread/alt.					
Afternoon (PM) Snack					
milk or f/r or bead					
or meat (choose2)					
Supper (S)					
Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat alt.					
Fruit/Vegetable					
Bread/alt.					

Spring Cycle, Week 5

Date:	Date:	Date:	Date:	Date:	Date:
Breakfast (B)					
Milk	Milk	Milk	Milk	Milk	Milk
Banana	Citrus Blend Juice	Pineapple	Applesauce	Pears	Dry Cereal
Dry Cereal	Cinnamon Roll	Toast	Pancakes-Frozer or B01		
Morning (AM) Snack					
Soft Pretzels-Y05	Milk	Oatmeal Raisin	Snack Crackers	Toast	
	Nectarines	Cookies-Y29	Milk	Orange Juice	Oranges (Water)
Lunch (L)					
Eggs in a Potatoes Milk	CN or P. Pizza-T2	Yummy Beef Stev	Spaghetti-B07	Chix Nuggets or T57	
Eggs/Ham*	Cheese*	Beef Cubes*	Ground Meat*	Chicken*	
Oranges	Fresh Pears	Apples	Tomato Sauce*	French Fries	
Mashed Potatoes	Green Beans	Carrots/Potatoes	Broccoli "Trees"	Mixed Fruit	
Toast	Pizza Crust*	Bread	Spaghetti Noodle	Dinner Bun	
Afternoon (PM) Snack					
Got-A-Minutes-P	Lemon Tarts-P8	Bread	Strawberry	Pig In a Blanket-P59	
Graham Crackers	Lemon Yogurt*	American Cheese	Milkshake-P70	Park Links*	
	Tart Shells* (Water)	(Grilled Cheese) (Water)	Strawberries Milk*	Crescent Rolls* (Water)	
Supper					
milk	milk	milk	milk	milk	
Chicken patty	Meat balls	Ham	Chicken Casserol	Corn dog	
Potato Wedges	Corn	Mixed fruit	Broccoli	Baked Beans	
Carrots	Applesauce	Green Beans	Oranges	Peaches	
Bun	Biscuit	Roll	Rice	Enriched breadings	
Evening Snack					
String Cheese	Orange Juice	Wheat Crackers	Yogurt	Grapes	watermelon
apple slices	vanilla wafers	grapes	banana bread (water)	animal crackers	

Spring Cycle, Week 4

Date:	Date:	Date:	Date:	Date:	Date:
Breakfast (B)					
Milk	Milk	Milk	Milk	Milk	Milk
Mixed Fruit	Apple Cranberry	Oranges	Green Grapes	Kiwi	Muffins-Y12
Bagels	Dry Cereal	French Tst Stick or french toast	Toast		
Morning (AM) Snack					
Sunflower Seeds	Banana Milk	Cheese Slices	Snack Crackers	Toast	
	Drink-P07		Apple Slices (Water)	Orange Juice	
Milk	Milk*	trus Blend Juice			
Lunch (L)					
Chix Nuggets of Milk	Hot Dog Potatoes	Burrito Cassero	Baked Fish	Noodles & Turkey-T36	
Chicken*	Weiners	Milk	Milk	Milk	
Broccoli Soup-G	Mashed Potatoes	Ground Meat*	Fish	Diced Turkey*	
Pineapple	Granny Smith A	Refried Beans*	Carrots	Peaches	
Saltines	Toast	Lettuce Salad	Fruited Jello-G05	Green Beans	
		Crescent Rolls*	Dinner Bun	Noodles*	
Afternoon (PM) Snack					
Cinnamon Roll	American Cheese	Birds Nest-P11	Baseballs-Y30 & Y28	Ants on a Log-P01	
	Fresh Pears (Water)	Shredded Whea	Milk	Celery	
Apple Juice			Cookies* Pineapple Juice	Peanut Butter (Water)	
Supper (S)					
Turkey Sandwich Milk	Ham/Cheese Sandwich Milk	Tuna Sandwich Milk	Hot dish Milk	Pizza (Home made) Milk	
Turkey Slices	Ham/Cheese	Tuna Salad	Hamburger tomato sauce	sausage/cheese tomato sauce	
grapes	Fruit cocktail	Peas	orange juice	lettuce salad	
corn	lettuce	Pineapple bread	noodles	crust	
bread	bread				
Evening Snack					
milk	grapes	melon	Rice Krispie Bar	Cereal Trail mix	
granola bar	graham cracker (water)	cheese kabobs (water)	Milk	Orange Juice	

Spring Cycle Week 1

Date:	Date:	Date:	Date:	Date:	Date:
Breakfast (B)					
Milk	Milk	Milk	Milk	Milk	Milk
Kiwi	Strawberries	Orange Juice	Pineapple	Apricots	
Painted Toast P-55	Waffles-Frozen or B02	Dry Cereal	English Muffin	French Toast Stix or French Toast-B04	
Morning (AM) Snack					
Cinnamon Rice	Fresh Pears	Snack Crackers	Apple Cider-P02	Soft Pretzel-Y05	
	American Cheese	Yogurt			
Cherry Juice	(Water)	(Water)	Banana Bread-Y01	Milk	
Lunch (L)					
Hamburger Pattie Milk	CN Pizza or T28	Baked Chicken	Corn Puppies	Tuna Hot Dish-T38	
Ground Meat*	Milk	Milk	Milk	Milk	
French Fries	Cheese*	Chicken	Wiener*	Tuna*	
Peas	Lettuce Salad	Peaches	Carrot/Celery Stick	Green Beans	
Hamburger Bun*	Grapes	Mashed Potatoes	Oranges	Apple Slices	
	Pizza Crust*	Dinner Bun	Peanut Butter Bre	Macaroni*	
Afternoon (PM) Snack					
Milk	Snack Crackers	Cloud Sandwich-	Nachos-P48	Oatmeal Raisin	
	Citrus Blend Juice	Graham Cracker	Tortilla Chips*	Cookie-Y29	
Cut-Out Cookies-Y28		Rainbow Milk-P63	Cheese* (Water)	Orange Juice	
Supper (S)					
S. Bord Stack Ups- Milk	Corn Puppies	Milk	Fish Shapes-T40	Cheezburg HotD-T02	
Ground Meat*	Weiners*	Roast Beef	Fish*	Milk	
Tomato Sauce*	Veg Chz Chowd	French Fries	Cal Blend Veggie	Ground Meat*	
Carrots	Apple Slices	Whole Kernel Cc	Kiwi	Peaches	
Flour Tortilla*	Peanut Butter B	Dinner Buns	Toast	Peas	
				Macaroni*	
Evening (E) Snack					
Snack Crackers	Moon Cakes-P46	Grapes	Granola-Y23	Cinnamon Roll	
	Rice Cakes*		Yogurt (Water)		
Apple Cranberry Juice	Peanut Butter* (Water)	Milk			