



## Taco Soup!

Easy and great tasting!

1-1/2 pound ground beef  
1 large onion

Brown in large kettle, then add (liquid & all, do not drain liquid from the cans):

3-15 ounce cans of beans (kidney, black beans, red beans, pinto beans, etc whatever your preference)  
1-15 ounce can of corn  
2-15 cans of chopped tomatoes  
1 small can of chopped green chili peppers  
1 cup of water  
1 dry package of taco seasoning  
1 dry package of Hidden Valley dressing mix

Simmer for 15-20 minutes.

=meat/meat alternate  
=fruit/vegetable for lunch or supper